

DIFFUSE URBANISATION AND IRREGULAR URBAN GROWTH: PROCESSES AND TRENDS IN MEDIUM-SIZED CITIES IN THE CASTILLA Y LEÓN REGION (SPAIN)

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ABSTRACT – The process of extension and growth of medium-sized cities towards their surrounding municipalities in recent years has not occurred in a linear or fully defined manner. Instead, in most of these intermediate nuclei, urban growth has been diffuse and irregular, generating processes of discontinuous extension. By virtue of the types of uses implemented in recent urbanization, different spatial impacts have occurred. Moreover, each dynamic has been affected in a specific way by the economic crisis, which has slowed down and / or paralyzed many of these developments initiated in the final years of the 20th century. This paper reflects on how these urbanization processes have taken place in medium-sized cities in the region of *Castilla y León*, proposes an analysis of recent trends which, since 2000, have configured complex and diverse urban areas around the central nuclei of these cities.

Keywords: Medium-sized cities; diffuse urbanization; irregular urban growth; *Castilla y León*.

RESUMO – URBANIZAÇÃO DIFUSA E CRESCIMENTO URBANO IRREGULAR: PROCESSOS E TENDÊNCIAS NAS CIDADES MÉDIAS DA REGIÃO DE *CASTILLA Y LEÓN* (ESPANHA). O processo de extensão e crescimento das cidades médias em direção aos municípios vizinhos nos últimos anos não ocorreu de maneira linear ou totalmente definida. Na maioria desses núcleos intermédios, o crescimento urbano tem sido difuso e irregular, gerando processos de extensão descontínua. Em virtude dos tipos de usos implementados pela recente urbanização, ocorreram diferentes impactos espaciais e, além disso, cada dinâmica foi afetada de maneira específica pela crise económica, que desacelerou e/ou paralisou muitos desses desenvolvimentos iniciados no país nos finais do século XX. Este

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artigo reflete sobre como esses processos de urbanização ocorreram em cidades médias na região de *Castilla y León*, propõe uma análise de tendências recentes que, desde 2000, configuraram áreas urbanas complexas e diversas em torno dos núcleos centrais dessas cidades.

Palavras-chave: Cidades médias; urbanização difusa; crescimento urbano irregular; *Castilla y León*.

RÉSUMÉ – URBANISATION DIFFUSE ET CROISSANCE URBAINE IRREGU-LIÈRE: PROCESSUS ET TENDANCES DANS LES VILLES MOYENNES DE LA RÉGION DE *CASTILLA Y LEÓN* (ESPAGNE). Le processus d'extension et de croissance des villes moyennes vers les municipalités environnantes ne s'est pas déroulé de manière linéaire ou complètement définie au cours des dernières années. Dans la plupart de ces noyaux intermédiaires, la croissance urbaine a été diffuse et irrégulière, générant des processus d'extension discontinue. En raison des types d'usages mis en œuvre dans l'urbanisation récente, différents impacts spatiaux se sont produits et chaque dynamique a été spécifiquement affectée par la crise économique, qui a ralenti et/ou paralysé nombreux de ces développements initiés dans les dernières années du vingtième siècle. Cet article examine comment ces processus d'urbanisation se sont produits dans les villes moyennes de la région de *Castilla y León* et propose une analyse des tendances récentes que, depuis 2000, ont façonné des zones urbaines complexes et diverses autour des noyaux centraux de ces villes.

Mots clés: Villes moyennes; urbanisation diffuse; croissance urbaine irrégulière; *Castilla y León*.

RESUMEN – URBANIZACIÓN DIFUSA Y CRECIMIENTO URBANO IRREGU-LAR: PROCESOS Y TENDENCIAS EN LAS CIUDADES MEDIAS DE LA REGIÓN DE CASTILLA Y LEÓN (ESPAÑA). El proceso de extensión y crecimiento de las ciudades medias hacia sus municipios circundantes en los últimos años no se ha producido de manera lineal o totalmente definida. En la mayoría de estos núcleos intermedios, el crecimiento urbano ha sido difuso e irregular, generando procesos de extensión discontinua. En virtud de los tipos de usos implementados en la urbanización reciente, se han producido diferentes impactos espaciales y, además, cada dinámica se ha visto afectada de manera específica por la crisis económica, que ha frenado y/o paralizado muchos de estos desarrollos, iniciados en los últimos años del siglo XX. Este artículo reflexiona sobre cómo se han producido estos procesos de urbanización en las ciudades medias de la región de Castilla y León y propone un análisis de las tendencias recientes que, desde el año 2000, ha configurado áreas urbanas complejas y diversas alrededor de los núcleos centrales de dichas ciudades.

Palabras clave: Ciudades medias; urbanización difusa; crecimiento urbano irregular; Castilla y León.

I. INTRODUCTION

Medium-sized cities, intermediate cities or medium-sized urban centers make up an essential segment of the Spanish urban system according to the scale and function that define this type of cities. These are specific urban areas with an approximate dimension of between 50 and 300-500 000 inhabitants, which have a significant economic, cultural and social activity and structure the surrounding territory. They are nodes of the Spanish

urban network, an intermediate stage between small cities and large metropolitan areas (Bellet Sanfeliu & Llop Torné, 2000; Ganau Casas & Vilagrasa Ibarz, 2003; 2004; Cebrián Abellán, García González, & Panadero Moya, 2013; López Trigal, 2010; 2014; García Martín 2014; 2016; García, Martínez, & Escudero, 2018).

Traditionally, it has been considered from Urban Geography and from other related disciplines in the study of the city that most Spanish medium-sized cities and spaces in their environment have maintained a certain specialization in activities related to agroindustry (Nadal, 1990; 2003; Fernández Cuesta & Fernández Prieto, 1999; Bellet Sanfeliu, 2009; Campos Sánchez, 2017; Andrés Lopéz, 2019; 2020). Based on this approach, many studies conclude that the urban economy of these nuclei has been fundamentally related to their rural environment and has not generated significant multiplier effects in other sectors of activity, a weak business fabric based on low productive sectors and the use of extensive and low-skilled labour being observed (VV.AA., 2010). However, this is difficult to sustain taking into account the spatial and socioeconomic evolution of some of these nuclei in the last three decades. It is interesting to reflect on the changes in uses, economic transformations and recent urban growth that have taken place in these cities in recent years (González González, 2017; Pereira & Ramalhete, 2017).

The reality is that throughout the twentieth century, Spanish medium-sized cities have been consolidating as structuring nuclei in the territory and that in the future their role as backbone elements of great value for their environments in the future will become stronger (Cebrián Abellán & Panadero Moya, 2013). Specifically, in recent times there has been a process of integral revalorization of their territorial role, especially recognized by some geographical research lines that stress their prominent role as economic, social and cultural references (Marallach & Vilagrasa, 2002; Capel, 2003; Bellet Sanfeliu & Llop Torné, 2004; Feria-Toribio, 2006; Caravaca, 2007).

The study of the areas of influence of medium cities and co-operation networks generated within them, open interesting perspectives on the territorial reality of this space, highlighting the indisputable protagonism of these mid-range urban centres in the generation of positive territorial synergies for themselves and their immediate surroundings. In the areas of influence and urban environments of this group of cities, urban growth takes place around the provincial capitals, resulting in the reconfiguration of agrarian--based spaces and the dismantling of the rural environment. In many cases, the consequences include traffic congestion, noise and atmospheric pollution, decreased safety in travel, complications when parking and increased health and social problems (López Trigal, 2002). These dynamics have led to an extraordinary boom in housing construction, mainly from 1997 to 2008, which in Spain has revolved around the deficient functioning of the control mechanisms of the activity of town councils (Burriel de Orueta, 2008; Rubiera, González, & Rivero, 2015).

Urban growth, urban expansion, dispersed or diffuse suburbanisation, urban sprawl, urban dispersion and other terms have been widely used to describe patterns of urban growth of different kinds. Given the complexity of defining precisely these forms of growth in the case of Spain, and in order not to assume terms of American or Anglo-Saxon origin that do not really explain the reality of the territory in these cities, we consider that the most adequate term to study Spanish medium-sized cities is the study of diffuse and irregular urban growth dynamics, forming urban extensions with a dispersed and complex morphology (different uses, typologies and forms of occupation) (Lois, Piñeira, & Vives, 2016; Olazabal & Bellet, 2017; 2018; Cebrián Abellán & Sánchez Ondoño & Escudero Gómez, 2019; Obeso Muñiz, 2019).

It is poses a reflexive approach to urban growth generated by different types of uses in the areas of influence in these cities; and, specifically, in urban spaces. The main aim of this research is to analyse the evolution of medium-sized cities in the *Castilla* y León region in the last two decades, to confirm that patterns of urban growth are not exclusive to large-size cities, mega-cities or so-called city-regions, but also to medium-sized ones and potentially smaller settlements. We confirm that medium-sized settlements can also describe diffuse patterns of urban development initially detected as mere irregular growth.

Recent urban growth in these medium-sized cities is confirmed, and work has been done on the detailed mapping of land uses, obtaining not only the most adjusted figures for the dynamics of urban progression, but also changes that have taken place in the uses on which the extension has been based and how it was generated. Urban growth in these cities between 2000 and 2016 is mapped in the series of graphs that we present, based on the use of the Corine Land Cover, supplemented with ortho-photo. The aim of this paper is to demonstrate how, in the three case studies, the initial municipalities widely exceed their limits. The dynamics of extension consolidate the expansion of the cities in a clearly diffuse and irregular way in the main communication channels.

II. METHODOLOGY

The methodology we follow is to carry out research to highlight different problems that have occurred in urban areas, changes in land uses and their possible contributions to improving these areas. To do this, we use mainly statistical information related to the demographic and superficial evolution of the city to determine how urban growth has occurred beyond the traditional city. This article is conceived as a reflection on some modes of intervention in the surroundings of medium-sized cities in *Castilla* y León and certain urban growth strategies of León, Burgos and Palencia, providing a geographical perspective and focusing interest on the territorial factors that have resulted from this situation in the growth process and the importance of scale (the unique landscape which it has shaped).

The methodological approach followed is a mixed type: on the one hand, qualitative research was carried out from field work. On the other, the quantitative approach involved collecting data from the National Institute of Statistics, Land Registry, Ministry of Development, Official Associations of Architects and the National Geographic Institute, from which the map of occupation and land use in Spain was obtained (Corine Land Cover) and then checked against the latest spatial ortho-photo of the PNOA, the result of which was mapped using a Geographic Information System (GIS hereinafter).

With regard to obtaining the information, the methodology has focused on the collection of statistics that could reflect recent changes in these cities (2000-2016), with a double objective: firstly, to determine the expansive process of real estate dynamics and its results on the territory until 2008 and, secondly, to verify whether the trend has changed since the outbreak of the economic crisis in the last decade. To this end, our work is based on the use of statistical information related to the evolution of the population and its demographic dynamics, the built surface, changes in the real estate park, the process of development of real estate transactions and the analysis of changes in land uses, in both periods.

Once all these data were obtained from the aforementioned sources, our work methodology focused on the exhaustive analysis of trends in all municipalities of the areas of influence in the three cities within a radius of 30km from the limit of the central municipality. Starting from the previous consideration of other proposals for the delimitation of more complete areas from a functional point of view (AUF Urban Audit; AUF Ministry of Development and AUF JCYL) (López Trigal, 2014; Miramontes Carballada & Vieira de Sá Marques, 2016) is of no use in this case. The social, labour or mobility dynamics (necessary to understand the functional dynamics of the urban area) have been introduced, but the model has been limited to the verification of the existence of transformation and growth processes (positive demographic dynamics, increase in the urbanized area, increase in real estate transactions and defined changes in land uses) since the analysis really focuses on the change in urbanization dynamics. In this way, only the municipalities in the environment of each city in which this trend was appreciated were selected and, therefore, could be included in said transformation pattern between 2000 and 2016. With this criterion the area of influence of each urban set has been delimited, mapping the changes in the three urban areas that are analysed in the mentioned period of study.

The free and open source QGIS distribution tool was used to process these data for the purposes of cartography. In this program, all statistically associated information data were integrated and associated with the digital mapping bases of the National Geographic Institute (provinces, municipalities and urban areas) to obtain data from occupied surfaces and urbanized extension from the cartography at each moment of the analysed period. A particularly intense effort has been made to obtain the results of the measurement of the spatial analysis carried out on the basis of data associated with the Corine Land Cover Project data, from which information on the surface dimension of each urban area has been obtained. Knowing the limitations and problems presented by this source, which have already been revealed in various studies, has in any case been chosen because it is simple to use , and has various time series as well as the most recent data. Hence, Corine land use covers used with the exceptions already known (Bossard, Feranec, & Otahel, 2000; Catalá Mateo, Bosque Sendra, & Plata Rochas, 2008; Goerlich Gisbert & Cantarino Martí, 2013; Díaz-Pacheco & Gutiérrez Puebla, 2014.

This has enabled us, on the one hand, to obtain a specific cartography that reflects the evolution of these cities in recent years and draws their surface growth towards an area of

increasingly significant influence. On the other hand, we have also represented the current distribution of types of land uses that have generated this growth, differentiating between the main dynamics (residential and tertiary) of the differential impact of industry and other economic activities related to transport, distribution or logistics. This information has made it possible to study in a specific way the diffuse urbanization process and generation of irregular urban growth in the cities of *Castilla* y León and to contextualize these tendencies in general with regard to what has happened in Spanish medium-sized cities.

We discuss the possible causes of this urban growth and provide an empirical analysis of data from various sources. We have processed the data using a geographical information system to obtain different digital mappings to show and explain this phenomenon. We have also compared the three surrounding areas (neighbourhood) and obtained results. The relevance of the paper lies in the fact that few studies have been carried out on urban growth in medium-sized cities in Spain.

III. THE CAUSES OF DIFFUSE URBANISATION BEYOND THE CENTRAL CITY IN INTERMEDIATE AREAS: A DIFFERENTIAL, DISCONTINUOUS AND RECENT PROCESS

The highest level of spatial desegregation of public administration in Spain is the municipality. The country is divided into 8131 municipalities, fewer than 1/3 of which are urban areas mostly located in very rural environments. The supra-municipal term arises from the 50s in European cities that followed the Anglo-Saxon model, characterized by greater expansion towards peripheral areas, away from the main core, causing the decentralization of tertiary activities (Cebrián, García González, Panadero Moya, 2013)

The concept of supramunicipal city, in terms of the extension of middle cities beyond the original central municipality, occurs, in one way or another, in many areas of the Spanish territory. This situation occurs in a more established and consolidated way in some of the small urban agglomerations around different nuclei of this size, normally coinciding in the aggregation by nearby location of several intermediate cities (Oviedo--Áviles-Gijón; Santander-Torrelavega; Tarragona-Reus...). This phenomenon can also be seen quite clearly in medium or large cities with regional influence (Valladolid-Palencia; San Sebastián-Irún...) or in articulated dynamics around metropolitan systems (with many examples in the urban areas of Madrid, Barcelona, Bilbao, Valencia or Seville) (López Trigal, 2014). Apart from each typology, in all cases parallel considerations arise regarding the characteristics that the effect of urban extension generates in the immediate surroundings, with the appearance of concepts or ideas such as that of the non-nuclear city or the city articulated in crowns very close to metropolitan areas of higher rank (Valenzuela Rubio & Salom Carrasco, 2008; Valdunciel, 2013; Ferrelli, Huamantinco, Delgado, & Piccolo, 2018). However, there is a large group of medium-sized cities in Spain in which, beyond these clearly identifiable dynamics, the generation of the areas of influence has been much less perceptible, non-existent on many occasions until the mid-1990s and generated, when it has taken place subsequently, by virtue of differential growth related to different uses and produced in most cases in a rather diffuse manner. In fact, many of these medium-sized cities of structural rank in the national urban system have been particularly dynamic since the mid-1960s and 1970s, doubling their population and size, even with growth rates higher than those of cities with more than a million inhabitants. At the time, these cities showed higher vegetative growth rates than national averages, as a result of younger demographic structures, reflecting a process of socio-economic transformation. In this context, migration dynamics were shaped with interregional movements that consolidated some classic imbalances in the distribution of urban settlements (Vinuesa Angulo, 1989).

Since then, growth trends in some of these nuclei have sometimes generated uncontrolled urbanization processes, characteristic of spontaneous growth, in a context apparently regulated by consolidated planning (VV.AA., 2006). These cities, located mostly in the inner peninsula and defined by the provincial functions of articulation of their immediate territories, have only begun to extend beyond their municipal boundaries in a context marked by the economic and constructive bonanza dynamics that led to the bursting of the housing bubble. Conflicts of use have been generated in this sprawling and the debate has opened in these cities regarding the inconvenience of the diffuse city and the preservation of the compact city (Cebrián Abellán, 2007; Fitch Osuna, Escobar Ramírez, & Marmolejo Duarte, 2018.

The last twenty years have meant a significant change in the expectations of re-situation of these cities in the urban network on all scales (Salom & Fajardo, 2018). However, urban growth, improvements in conditions of equipment and the arrival of new infrastructures have given rise to urbanization that is not always continuous and which, in many cases, has taken place irregularly, causing multiple problems to arise (Baigorri, 2001; Feria-Toribio, 2006; Reula & Gavilán, 2011; Piñero, Sainz, Morales, & Morillo, 2015; Jiménez & Campesino, 2018).

The process has taken place in the changing Spanish urban context of recent years. The country grew exponentially in real estate before the crisis. This created severe urban imbalances that resulted in the bursting of the so-called real estate bubble. The urban model caused a marked differential character with respect to other nearby areas, including the consolidation of a unique identity with respect to tenure regimes and property systems. In 2007, 87% of families were home owners when the European average was 60%, a generalized process of extension of the concept of belonging identified with that of the property being observed. Many families participated in the idea of the second residence, associated with well-being, and a booming tendency was consolidated which, by accumulation, finally led to an unsustainable scheme (Sala, 2018).

The proliferation of suburbs, commercial areas and industrial real-estate around medium-sized cities has led not only to the modification of their landscapes and urban

forms, but also to the systematic modification of their role in the urban hierarchy, taking into account their functional endowment and connection with other territories (Jiménez Barrado, Malheiros, & Campesino Fernández, 2018; Salom & Fajardo, 2018). Dynamics of this type have been generated in cities in the region of *Castilla* y León, studied in this work, producing clear processes of residential, industrial and commercial expansion in the surrounding municipalities, creating a new urban area. In these cities, sequences of urbanization of estates and sectors of different use in municipalities around the primitive central core have appeared since the beginning of 2000, configuring a new increasingly complex urban structure. In all cases, the linking of this process coincides not only with residential real estate actions, but also with a high degree of impact on the part of the productive areas that have contributed to consolidating the industrial profile of these capitals.

This situation has begun to stabilize and control mechanisms have been initiated in recent years. In the autonomous region of Castile and Leon, for example, in those municipalities with urbanized sectors not developed during the last decades, a process of declassification of land has begun, which has frustrated previous urbanistic expectations. In particular, in municipalities located in the vicinity of an urban centre with more than 20 000 inhabitants, this trend has been significant in capitals such as Burgos, Palencia, or León, where non-permitted zoned land has been declassified for residential and industrial developments. All expectations of urbanization in these sectors were frustrated as a result of the 2008 crisis (Calderón Calderón & García Cuesta, 2017).

IV. MEDIUM-SIZED CITIES IN *CASTILLA Y LEÓN*: EVOLUTION AND MAIN DEMOGRAPHIC DYNAMICS IN THE 21ST CENTURY

In the three main medium-sized cities in the *Castilla* y León region (Burgos, León and Palencia), a process of urban growth towards the surroundings has been observed in recent years, which manifests itself in a very significant increase in the different variables that can be considered from a territorial point of view. We are referring to two medium-sized cities in the close range of 200 000 inhabitants (Burgos and León) and Palencia, with around 100 000 people. Table I shows the growing trend of these three nuclei and the extension dynamics generated in the last fifteen years towards their surroundings, during the first two decades of the 21st century.

Burgos has increased from just 160 000 inhabitants in 2000 to approximately 180 000 today, with a set of municipalities in its closest area where the population has grown from just 14 000 to about 24 000 people. This means that the total urban area currently exceeds 200 000 inhabitants, with a demographic increase of 13% in just fifteen years, with no sign of a decline as a result of the recession. The municipalities in the urban area have grown by 66% over the starting figure and continue in a positive dynamic even from 2008 to the present, although it is true that the most progress was made between 2000 and 2008 (over 6000 inhabitants).

		2000	2008	2016	2000-2008 %	2008-2016 %	2000-2016 %
Burgos	Urban area	177 805	198 828	200 267	112	101	113
	City	163 358	177 879	176 608	109	99	108
	Area of influence	14 447	20 949	23 991	145	115	166
	Urban area	200 686	215 753	212 090	108	98	106
León	City	138 006	135 019	126 192	98	93	91
	Area of influence	62 680	80 634	85 898	129	107	137
	Urban area	93 903	98 969	97 482	105	98	104
Palencia	City	80 613	82 626	79 137	102	96	98
	Area of influence	13 290	16 343	18 345	123	112	138

Table I – Evolution of the population in the urban areas of Burgos, León and Palencia, 2000-2016. *Quadro I – Evolução da população nas áreas urbanas de Burgos, León e Palencia, 2000-2016.*

Source: Compiled by the authors. National Institute of Statistics (Census). General Directorate of Land Registry

The case of León is more unusual, given that the urban area includes two municipalities (San Andrés del Rabanedo and Villaquilambre) that significantly increase the demographic set of the capital. In 2000, the city had barely 140 000 inhabitants, yet the urban area already exceeded 200 000 inhabitants. In 2016, the population of León city had fallen to just 126 000 (9% less) and, on the contrary, the urban area had grown significantly to exceed 212 000 inhabitants. The surrounding municipalities have increased their population to over 85 000 people (close to 40% since 2000), although it should be borne in mind that almost 50 000 inhabitants correspond to the two above-mentioned municipalities, which constitute an urban continuum with the streets of León.

Of less intensity is the demographic variation that has taken place in Palencia has been less intense. The population in the urban area risen from 94 000 people to 97 482. This implies a change in the last fifteen years of just 4%, but in this case the most interesting aspect is to differentiate the capital of Palencia from the municipalities of its immediate surroundings. While the city has lost more than 1500 people in this period, its environment has grown by a little more than 5000 inhabitants, the dynamics of extension to other municipalities of urban growth being manifest (table II).

Table I shows a dynamic of demographic growth with a process of urban consolidation. Although the central cities lose population, the three urban areas increase. From this point of view, it is interesting to note that in the three medium-sized cities there is a sequence of formation of an area of urban influence.

The greatest increases have occurred with people owning second homes in the city and who live intermittently in the urban area, probably in relation to the nearest rural areas. This reflects the existence of an urban dynamic which, in the last fifteen years, has exceeded that of the initial cities (table II).

Table II – General characterisation of the total linked population (resident and non-resident) in the urban areas of Burgos, León and Palencia 2001-2011.

			Resident	population		Non-resident population							
		Total	Only residing	Residing and working	Residing and studying *	Total	Working	Studying	With 2 nd home **	Total Linked Pop. ***	Rate		
P	2001	166 187	90 671	61 598	13 918	35 472	13 976	5190	16 306	201 659	121 34		
Burgos	2011	177 258	80 693	61 516	35 049	56 775	12 541	7000	37 234	234 033	132 03		
León	2001	166 742	111 701	41 632	13 409	53 725	23 187	12 097	18 441	220 467	132 22		
Leon	2011	180 250	110 857	41 453	27 939	92 696	24 540	15 221	52 936	272 946	151 43		
Palencia	2001	79 797	50 710	22 543	6544	17 164	6655	3684	6825	96 961	121 51		
	2011	79 463	42 992	21 790	14 680	26 748	6811	3731	16 207	106 211	133 66		

Quadro II – Caracterização geral da população total vinculada (residente e não residente) nas áreas urbanas de Burgos, León e Palencia 2001-2011.

*And/or residing and with 2nd home; **And/or residing more than 14 nights/year; ***Res. + Non- Res.; ****Total Pop./Res. Source: Compiled by the authors. National Institute of Statistics (Census 2001; 2011)

V. DIFFUSE AND IRREGULAR URBANIZATION IN MEDIUM-SIZED CITIES IN CASTILLA Y LEÓN: RECENT PROCESSES AND TRENDS

Demographic dynamics have generated processes of growth towards these environments, urbanising hundreds of hectares in the municipality closest to the three cities. Table III, figures 1 and 2 show the indicators of this variable that arise from the values provided by the Land Registry in terms of the surface area built.

Table III – Evolution of built-up area in the urban areas of Burgos, León and Palencia. 2000-2016. *Quadro III – Evolução da área construída nas áreas urbanas de Burgos, León e Palencia. 2000-2016.*

		Evolution of residential space [built-up area (ha)]							
		2000	2008	2016	2000-2008 %	2008-2016 %	2000-2016 %		
Burgos	Total Urban Area	2023	2619	2862	129	109	141		
	Central Municipality (City)	1348	1562	1731	116	111	128		
	Remaining municipalities (area of influence)	676	1057	1131	156	107	167		
	Total Urban Area	2673	3026	3408	113	113	128		
León	Central Municipality (City)	834	863	993	104	115	119		
	Remaining municipalities (area of influence)	1839	2162	2415	118	112	131		
	Total Urban Area		1443	1549	116	107	124		
Palencia	Central Municipality (City)	581	585	635	101	109	109		
	Remaining municipalities (area of influence)	667	858	913	129	106	137		

Source: Compiled by the authors from the National Institute of Statistics. Municipal Census and Directorate of Land Registry

The urban area of Burgos goes from just 2000ha built to about 3000 in this period (a 41% increase); León, goes from 2600ha to more than 3400 (28% more); and Palencia

from 1247 to 1549ha (24%). Once again, spaces close to the city grow well above the value of the central assembly: in Burgos, the city increases the area built by 28% and the municipalities in the area of influence do so by 67%; in León, these same values are 19% and 31%; and in Palencia the jump is even greater, between 9% for the capital and 37% for the surroundings.

The extension of Burgos has been quite diffuse towards a very large number of municipalities (more than 40) and with an effect of considerable dispersion, without clear sequences of continuous urbanization. On the contrary, in the case of León, the most notable urban growth occurs in a concentrated way in San Andrés del Rabanedo and Villaquilambre (García Argüello, 2016) (fig. 2).

More linear growth is observed in the urban area of Palencia, in which in addition to this type of extensions linked to the populations around the communication routes in the north axis, an urban growth process is directly associated with the intersection of connections in which the city is located. Figure 1 clearly shows the extensive urbanization that has taken place in municipal terms, in which there is a large increase in the area occupied (Delgado Huertos, 2014).





Fig. 1 – Evolução da superfície construída nas áreas urbanas de Burgos, León e Palencia. Figura a cores disponível online.

Source: Compiled by the authors from the National Institute of Statistics. Municipal Census and Directorate of Land Registry

This growth in the three cities is due to a large extent to real estate dynamics. If we look at table IV we can see how the growth of housing construction has been very noticeable in all three cases with a progressive trend that has only slightly nuanced downwards in the crisis stage. In Burgos, the urban area recorded a progression in the

number of residential properties exceeding 25% between 2000 and 2016. It went from 86 000 to about 110 000 homes in that period (99 600 in 2008). This implies a growth of 15% in the expansive period (2000-2008) and a downward nuance (10%) between 2008 and 2016. But what is really remarkable is that the data show the strong impact of growth in the surrounding municipalities of the capital. While in the central city the total growth barely reaches 20%, in the area of urban influence there is an increase of more than 71%.

In León and Palencia, the growth of real estate is more contained (22 and 24% over the initial volume of the year 2001), but the relevance that the surrounding municipalities have in this extension is also observed. In León, there were 35 000 homes in 2000, 43 600 in 2008 and more than 49 000 in 2016 in the municipalities in the area of influence, which implies 41% more (while in that period the central city grew from 66 000 to 74 000 homes, just 12%). In Palencia the situation is quite similar, with an increase in the set of municipalities in the area of over 40%, while the number of houses in the central city grew by approximately half (20%) (table IV).

					Evolution of real estate (nº of homes)				
		2001	2008	2016	2000-2008 %	2008-2016 %	2000-2016 %		
	Urban Area	86 430	99 645	109 203	115	110	126		
Burgos	City	75 673	83 945	90 849	111	108	120		
	Area of influence	10 757	15 700	18 354	146	117	171		
	Urban area	101 456	112 310	123 411	111	110	122		
León	City	66 362	68 645	74 062	103	108	112		
	Area of influence	35 094	43 665	49 349	124	113	141		
	Urban area	44 566	51 033	55 185	115	108	124		
Palencia	City	36 923	42 006	44 188	114	105	120		
	Area of influence	7643	9027	10 997	118	122	144		

Table IV – Evolution of real estate in the urban areas of Burgos, León and Palencia. 2001-2016. *Quadro IV – Evolução dos imóveis nas áreas urbanas de Burgos, León e Palencia. 2001-2016.*

Source: Compiled by authors. National Institute of Statistics (Census). Housing Census General Directorate of Land Registry

In León and Palencia, the growth of real estate is more contained (22 and 24% over the initial volume of the year 2001), but the relevance that the surrounding municipalities have in this extension is also observed. In León, there were 35 000 homes in 2000, 43 600 in 2008 and more than 49 000 in 2016 in the municipalities in the area of influence, which implies 41% more (while in that period the central city grew from 66 000 to 74 000 homes, just 12%). In Palencia the situation is quite similar, with an increase in the set of municipalities in the area of over 40%, while the number of houses in the central city grew by approximately half (20%) (table IV).





Source: Drawn by the authors. National Geographical Institute (MDT, main road axes, Corine Land Cover. Occupation and land uses in Spain (2012). PNOA (Space orthor-photo) (2016)

					Evolution of real estate (nº of homes				
		2001	2008	2016	2000-2008	2008-2016	2000-2016		
		2001	2008	2010	%	%	%		
	Urban Area	86 430	99 645	109 203	115	110	126		
Burgos	City	75 673	83 945	90 849	111	108	120		
	Area of influence	10 757	15 700	18 354	146	117	171		
	Urban area	101 456	112 310	123 411	111	110	122		
León	City	66 362	68 645	74 062	103	108	112		
	Area of influence	35 094	43 665	49 349	124	113	141		
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Source: Compiled by authors. National Institute of Statistics (Census). Housing Census General Directorate of Land Registry

We can see how in the three cities there is a growing trend until 2008, when the maximum number of transactions occurs. On the other hand, there has been a sudden drop in this dynamic since 2008, which experienced some ups and downs until 2014, when a slow recovery seems to have begun, in line with the general trend of the Spanish real estate market. In fact, if we take as reference 100 the year 2004, in the three urban areas this trend is confirmed: first an initial increase appears until 2007 and then the collapse, which reduces the rate to the opposite extreme.

Table V – Evolution of the number of housing real estate transactions (purchase and sale) in the urban areas of Burgos, León and Palencia.

		Number of housing real estate transactions per years													
		2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	Total
	Urban area	3543	3606	4555	4257	2564	2320	2545	1643	1871	1130	1703	1918	2025	33 680
s	City	3052	3111	3982	3733	2124	2017	2179	1419	1588	998	1552	1639	1778	29 172
Burgos	Area of influence	491	495	573	524	440	303	366	224	283	132	151	279	247	4508
B	% Area of influence/total	14	14	13	12	17	13	14	14	15	12	9	15	12	13
	% Evolution (2004=100)	100	102	129	120	72	65	72	46	53	32	48	54	57	-
	Urban area	3355	4382	4827	4649	2695	2043	2895	1533	1604	1079	1306	1393	1578	33 339
	City	1605	2499	2567	2362	1428	1127	1841	918	906	707	919	922	1088	18 889
León	Area of influence	1750	1883	2260	2287	1267	916	1054	615	698	372	387	471	490	14 450
	% Area of influence/total	52	43	47	49	47	45	36	40	44	34	30	34	31	43
	% Evolution(2004=100)	100	131	144	139	80	61	86	46	48	32	39	42	47	-
	Total Urban Area	2528	2518	2431	1945	1294	1150	1382	656	720	560	681	710	836	17 411
ia	City	2053	1981	1786	1323	754	741	1041	464	528	370	557	540	650	12 788
Palencia	Area of influence	475	537	645	622	540	409	341	192	192	190	124	170	186	4623
P.	% Area of influence/total	19	21	27	32	42	36	25	29	27	34	18	24	22	27
	% Evolution (2004=100)	100	100	96	77	51	45	55	26	28	22	27	28	33	-

Quadro V – Evolução do número de transações imobiliárias (compra e venda) nas áreas urbanas de Burgos, León e Palencia.

Source: Compiled by the authors. Ministry of Development (Statistics on housing real estate transactions (purchase and sale)

In these three medium-sized cities a very remarkable advance in the real estate park of built housing can be seen, attention being drawn to the fact that the figures (table V) indicate little constraint in the construction process since 2008, when the volume of building really does seem to have been significantly reduced. In this sense, it is also interesting to analyse not only the value of the total of existing residential buildings but also the evolution that the number of real estate transactions of home sales in these same urban areas has recently had. If we look at table V, we can see the extent to which a regressive trend has taken place in real estate dynamics in recent years (fig. 3).



Fig. 3 – Evolution of the number of housing real estate transactions (purchase and sale) in the urban areas of Burgos, León and Palencia.



Source: Compiled by the authors. Ministry of Development (Statistics on housing real estate transactions (purchase and sale)

In León, the highest peak of transactions in the three cases is reached (table V), with almost 5000 operations in 2006, when the dynamic decreases progressively to 1,300-1,500 in recent years. This urban area presents other singular aspects, fundamentally focused on the great weight that the municipalities of the urban environment have on the whole. The percentage of transactions generated in the municipalities near León is always around 40% and the volume of transactions shows the relevance that the extensions have consolidated outside the central area of the capital.

The expansive effect of the growing residential dynamics takes place very clearly until 2007; since then a high impact of recession has emerged in this field.

The territorial analysis in all three cases speaks of a very notable increase in the number of dwellings with a very considerable effect from the point of view of the extension and growth of these cities. In the three case studies analysed, urban growth to the municipalities adjacent to the central city can be confirmed, and in all of them, despite the crisis, some increases in the occupied surface (table VI) may be considered as surprising. The city has been consolidated beyond its traditional urban space and intermediate urban areas have been formed.

Specifically, the urban areas of Burgos and León initially show similar profiles, with extensive areas of more than 100 000ha in total, in which the urbanized complex exceeds 6000ha. With much smaller dimensions, the urbanized area in Palencia is around 3000ha, in a more limited territory (30 000ha). In this sense, the industrial profile of Burgos and Palencia differs significantly from the specialization of León, as a city of services more linked to its role as provincial capital.

Table VI – Distribution of the urbanized surface by uses in the urban areas of Burgos, León and Palencia (2016). *Quadro VI – Distribuição da superfície urbanizada por usos nas áreas urbanas de Burgos, León e Palencia (2016).*

				Surface (ha)			
Urban area	Total area	Total urbanized	Residential	Industrial/Economic Activities	Infrastructures	Green areas	Others
Burgos	149 240,13	6 084,83	2 069 45	2 247,58	657 98	409 87	699 95
León	119 045,96	6 809,76	3 467 59	1 978,69	396 73	595 15	371 60
Palencia	28 380,46	3 285,39	1 649 88	1 278,21	6904	118 00	170 25

Source: Compiled by the authors. National Geographical Institute (MDT, Corine Land Cover. Occupation and land uses in Spain). PNOA (Space ortho-photo)

In this process of extension, it is interesting to deepen our knowledge of the changes in uses that urbanization has generated in these three cities (table VI). In this sense, it is interesting to observe how a significant part of the growth corresponds logically with the real estate dynamics of residential construction, but no less remarkable is the weight of the areas dedicated to economic activities and, specifically, to industry. In fact, the reality is that these are three cities with a significant productive profile and this has also been transferred to the processes of extension to the environment, with actions not only residential, but also industrial parks, commercial areas and services. If we look at table VI and figures 4 and 5, we can see how the non-residential surface actually has a significant impact on the urban space in the cities themselves and in the areas of peri-urban urbanization.

In the first place, Burgos clearly stands out as a city with a marked industrial profile, to the point of being one of the main urban areas of the country in terms of production. It is the second Spanish city in industrial land per inhabitant (112m²/person); the third in percentage of industrial active population (23%) and in industrial jobs for every 1000 inhabitants (98, double the national average); the fourth in percentage of industrial land on the urbanized total (37%); the tenth in total urbanized industrial land (about 2250ha) and the twelfth in absolute industrial employment (about 20 000 workers). Urbanized land in the urban area exceeds 2200ha and represents close to 40% of the urbanized total. As can be seen on the map, urban growth defined by the productive soils also generates important impacts in the adjacent municipalities, mainly in the aforementioned axis of National Motorway I, as well as the high impact of the infrastructures, with more than 650ha occupied by this use (Andrés López, Pascual Ruiz Valdepeñas, & Molina de la Torre, 2018).

Secondly, Palencia presents a lower dimension in absolute terms, although it is also shown in relative terms as a relevant productive centre. In fact, it is the first Spanish urban area in industrial land *per capita*, surpassing Burgos (just over 131m² urbanized per person) and this function becomes essential when observing how industrial land exceeds 1200ha in a total of 3200ha. The map clearly shows how the industrial stain has spread in the mentioned communication junction.

Finally, in the case of León, although productive activity also has great significance in the territorial and socioeconomic configuration, more moderate indicators are manifested, due to being more closely linked to the provincial capital and its function as a service centre. The proportion of productive land decreases to approximately one third of the total and almost 3500ha of other urban uses predominantly linked to housing.

Quite similar dynamics can be seen in the three cities, clearly reflected in the maps, in that notable urban growth has occurred in the last 20 years towards some of the municipalities in the urban environment. In the case of León, the lack of adequate space for extension into the municipality justified the occupation of other nearby areas decades ago, although in Burgos and Palencia that dynamic has been slow to appear.

The reasons why extension to other cities has occurred are not unique but varied and based on diverse aspects. These include the appearance of other opportunistic urban plans that rapidly classified and managed cheap land in the expansive phase, or the dynamics themselves of land prices, lower taxes and, in short, better conditions for real estate or industrial investment in a context with the same or very similar advantages of accessibility and situation (hence in many cases the relationship that maps directly show with the appearance of the extension around the communication channels).



■Residential ■Industry/Economic Activities ■Infraestructures ■Green Areas ■Other



Fig. 4 – Distribuição da superfície urbanizada por usos nas áreas urbanas de Burgos, León e Palencia, 2016. Figura a cores disponível online.

Source: Compiled by the authors. National Geographical Institute (MDT, Corine Land Cover. Occupation and land uses in Spain). PNOA (Space ortho-photo)

Fig. 5 – Distribuição dos tipos de uso da terra nas áreas urbanas de Burgos, León e Palencia. 2016. Figura a cores disponível online. Source: Drawn by the authors. National Geographical Institute (MDT, Corine Land Cover. Occupation and land uses in Spain). PNOA (Space ortho-photo)



VI. CONCLUSION

In recent decades, the vision that the territory finally offers in the three analysed nuclei is of urban spaces in transformation, which have undergone the crisis as have other areas in the national set, but in which a consistent sequence of urban changes that have consolidated the medium-sized city as a backbone of their surroundings, can be observed. The medium-sized city grows and spreads to its immediate surroundings and is generating complex areas of influence, determined by the availability of land, existing historical territorial configurations and industrial demands that, slowly but systematically, affect peri-urban spaces more and more significantly.

In the three cities, the urban area has grown significantly, and there is clear evidence that the interrelation, exchanges and social and economic movements are permanent. We have seen how the so-called linkage rate indicated by the INE exceeds 30% in these areas, reaching a value higher than 50% in León. This is clearly explanatory of the connection and the influences that the city generates with its surrounding spaces. This rate has increased in recent years (from 21 to 32 and 33% in Burgos and Palencia, respectively, between 2001 and 2011, and from 32 to 51% in León, in the same period).

The reality is that, except for the continuous expansion of León in its two municipalities already integrated into the urban fabric, in the rest of the environments of the three cities, interventions have been irregular, leaving gaps and undeveloped areas and thus obtaining an urban model with some sprawl. In recent years, these cities have modified their urbanization patterns and since the end of the 1990s, expansion to other municipalities has implied a significant decrease in the occupation density of the space. In Burgos, the number of inhabitants per hectare in the urban area has gone from about 90 inhabitants/ha in the year 2000 to barely 69 inhabitants/ha at present; in León and Palencia, this indicator has also fallen from 75 to 62 inhabitants/ha.

Urban growth has generated the expansive phase in the years of economic boom and has resulted in suburbanization in these medium-sized cities, which has contributed to decreasing density and modified the pattern of the compact city. On the one hand, developments made in all the municipalities of these aureoles of the medium-sized cities have been closely linked to the low-density residential occupation model and, on the other hand, as we have seen, industry has been equally responsible for some extensions that have also consumed large areas of land, without affecting demographic occupation.

The analysis made allows us to conclude that medium-sized cities have left behind their function merely linked to their activities as provincial service centres, very focused on the exercise of the capital and the centralization of the nearby territory. They are becoming polarity nodes within a broader urban system in which they are increasingly dynamic. The economic activities that are taking place in these cities in recent years and their spatial incidence have given rise to urban areas in transformation, more dynamic than may appear. During 2008-2016, in the most acute phases of the economic collapse generated by the crisis, these cities have continued to grow and transform, extending their footprint in the territory. The vision of the set of Spanish medium-sized cities reveals its roots in a provincial dynamic as a whole inserted in a geographical set with its own personality. Medium-sized cities cannot be understood as mere administrative centres. These urban areas are much more complex, they participate in networks, with active cooperation processes at all levels (institutional, economic, social...) and with specialized productive profiles that put them on the map and interrelate them with other very diverse territories. Worldwide, they will be integrated into territorial networks and sometimes constitute innovative spaces.

The challenges and questions are many. The existence of very rural-urban structures in the immediate surroundings of the cities studied is a good example of the difficulties of integration in these peri-urban zones. There is a growth of urbanizations and an inconsistent planning of urban centres and industrial estates, with singular contrasts towards the compact city. It is also evident that the municipal scale is not sufficient to address planning and it would be necessary to address formulas that study the possibilities of supra-municipal collaboration.

This planning shows weaknesses and has not been consolidated as an adequate management tool to order expansion and growth towards the area of influence of these cities. There are many uncertainties about the growth of medium-sized cities in their environment, since there are a multitude of problems related to transport, energy supply, mobility and the services of these spaces.

The urbanization of disconnected urban sectors and lack of services has created irregular urban spaces, with different degrees of maturity and different building intensity, which has created urban landscapes that show a diffuse city considered to be fully compact until just twenty years ago. Recent trends have modified this urban structure and the areas of influence generated in recent years have been integrated into a multifunctional territory that presents remarkable complexities and requires coordinated planning actions. In this context, undoubtedly, the transformation during the last years of peri-urban spaces in medium-sized cities is possibly one of the most interesting dilemmas in recent Spanish urbanism. This dilemma must be the object of a deeper analysis in the new time context, when the most acute economic crisis has been overcome.

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