



**INSEMINAÇÃO ARTIFICIAL A TEMPO FIXO EM BOVINOS EXPLORADOS EM SISTEMA EXTENSIVO**  
**FIXED-TIME ARTIFICIAL INSEMINATION IN EXTENSIVE CATTLE**  
**INSEMINACIÓN ARTIFICIAL DE TIEMPO FIJO EN GANADO EXTENSIVO**

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RECEIVED: 04<sup>th</sup> January, 2020

ACCEPTED: 03<sup>th</sup> March, 2020

## RESUMO

**Introdução:** A inseminação artificial a tempo fixo (IATF) é uma ferramenta útil nas explorações para melhorar a produtividade, desde que sejam cumpridos os requisitos de sincronização de ovulação, relacionados com o exame físico das fêmeas e do seu aparelho reprodutor. O protocolo utilizado permite maior sucesso em casos de anestro, induzindo a ciclicidade em vacas ou novilhas, permitindo a IA num momento pré-determinado, prescindindo da deteção do cio, em efetivos de bovinos de carne explorados em sistema extensivo.

**Objetivos:** Melhorar a performance reprodutiva em bovinos de carne. A inseminação artificial (IA) é uma técnica reprodutiva importante para o melhoramento genético de animais de produção, bem como estratégia de sincronização de época de partos numa região com períodos de escassez alimentar, em quantidade e qualidade.

**Métodos:** Estudo exploratório com abordagem quantitativa. O trabalho realizado entre março de 2018 e abril de 2019 onde foram efetuadas 220 IA em 8 efetivos da região Centro e Alentejo de diferentes bases genéticas, com diagnóstico de gestação aos 40 dias.

**Resultados:** A taxa de gestação (TG) para os dois anos foi de 55,5%, em 2018 (n=178) foi 52,8% e de 66,7% (n=42) em 2019.

**Conclusões:** Os resultados obtidos permitem prever 55% de TG, contudo uma avaliação de fatores de risco envolvidos (clima, alimentação, condição corporal, manejo) poderão contribuir para uma melhoria dos resultados.

**Palavras-chave:** bovinos; inseminação artificial a tempo fixo; sistemas extensivos de produção; taxa de gestação

## ABSTRACT

**Introduction:** Fixed-time artificial insemination (TAI) is a useful tool in explorations to improve productivity, if ovulation synchronization requirements are met, related to the physical status of females and their reproductive apparatus. The protocol used allows greater success in cases of anestro, inducing cyclicity in cows or non-cyclic heifers, allowing AI at a predetermined time, dispensing with heat detection, in meat cattle in extensive system.

**Objectives:** Improve reproductive performance in beef cattle. Artificial insemination (AI) is an important reproductive technique for the genetic improvement of production animals, as well as a strategy for synchronizing the time of childbirth in a region with periods of food shortage, in quantity and quality.

**Methods:** Exploratory study with quantitative approach. The work carried out between March 2018 and April 2019 where 220 AI were carried out in 8 staff from the Centro and Alentejo region of different genetic bases, diagnosed with pregnancy at 40 days.

**Results:** The gestation rate (%G) for the two years was 55.5% in 2018 (n=178) was 52.8% and 66.7% (n=42) in 2019.

**Conclusions:** The results obtained allow predicting 55% of TG, however an assessment of risk factors involved (climate, feeding, body condition, management) may contribute to an improvement in results.

**Keywords:** cattle; fixed-time artificial insemination; extensive production systems; gestation rate

## RESUMEN

**Introducción:** La inseminación artificial a tiempo fijo (IATF) es una herramienta útil en la exploración para mejorar la productividad, siempre que se cumplan los requisitos de sincronización de la ovulación, relacionados con el estado físico de las hembras y sus aparatos reproductivos. El protocolo utilizado permite un mayor éxito en los casos de anestro, induciendo la ciclicidad en vacas o vaquillas no cíclicas, permitiendo la IA en un momento predeterminado, dispensando con detección de calor, en ganado de carne en un sistema extensivo.

**Objetivos:** Mejorar el rendimiento reproductivo en el ganado vacuno. La inseminación artificial (IA) es una técnica reproductiva importante para la mejora genética de los animales de producción, así como una estrategia para sincronizar el tiempo de entrega en una región con períodos de escasez de alimentos, en cantidad y calidad.

**Métodos:** Estudio exploratorio con enfoque cuantitativo. El trabajo realizado entre marzo de 2018 y abril de 2019, donde se realizaron 220 IA en 8 empleados de la región Centro y Alentejo de diferentes bases genéticas, diagnosticados con embarazo a los 40 días.

**Resultados:** La tasa de gestación (TG) para los dos años fue del 55,5%, en 2018 (n-178) fue del 52,8% y del 66,7% (n-42) en 2019.

**Conclusiones:** Los resultados obtenidos permiten predecir el 55% de TG, sin embargo, una evaluación de los factores de riesgo involucrados (clima, alimentación, condición corporal, manejo) puede contribuir a una mejora en los resultados.

**Palabras Clave:** ganado; inseminación artificial a tiempo fijo; extensivos sistemas de producción; tasa de embarazo

## INTRODUCTION

Extensive animal production systems are defined as those in which animals with their own characteristics are used, well adapted to the conditions of the environment and to food produced locally (Vaz Portugal, 1990).

According to Baruselli (2007), to optimize production, the goal is that each cow weans one calf per year.

Producers usually report that their cows produce a calf every year, not mentioning, however, that calving occurs both in June and in November, that is, the interval between the two calves is greater than 365 days (Romão e Bettencourt, 2009).

In the animal production industry, it is recognized that one of the biggest economic problems is in reproductive inefficiency, so assisted reproduction can increase the reproductive efficiency of cows, especially in an extensive system. The establishment of reproductive seasons, in addition to the practical component of improvement in animal husbandry and greater profitability of working time, can guarantee better body condition at birth and greater milk production. Lopes da Costa (2008) states that “the establishment of defined breeding seasons, in order to adjust the best food availability to the critical periods of the female reproductive cycle is probably the most relevant step towards obtaining good reproductive efficiency”.

Thus, the maximum yield will be obtained with the adoption of measures such as, in terms of pasture management or application of biosafety plans but paying special attention to improving the reproductive performance of its herds, namely through the adoption of reproductive techniques that can adapt to the management defined in each farm, improving reproductive and productive indexes.

Short *et al.* (1990) refer that the production in beef cattle has the biggest limiting factor in reproduction, whereas according to Silva (2011), the economic profitability of the national beef cattle industry depends almost exclusively on the sale of produced calves, which gives reproductive factors high importance.

According to Brash (1994), artificial insemination (AI) has also proved to be useful in accelerating the transfer of genetic gains from commercial herds.

In Portugal AI is not a common practice in beef cattle, in other countries it is widely used and associated with synchronization methods to facilitate management and reduce the need for detection of estrus, since the synchronization of estrus or ovulation allows AI and batch deliveries, facilitating management, being particularly important in groups of replacement heifers and in cows that are breastfeeding.

With this study we intend to evaluate the use of fixed-time artificial insemination (TAI) in beef cattle, exploited in extensive production systems, in the interior of Portugal.

## 1. METHODS

Between March 2018 and April 2019, a total of 220 TAIs were carried out on eight different farms, 118 females of indeterminate breed inseminated with semen of *Akaushi* breed, 82 females of *Limousine* breed with semen of *Limousine* and 20 females of *Alentejana* breed with semen of *Alentejana*.

Visits were made to the farms to select the females to be synchronized and inseminated, according to the stipulated protocol. First, an identification form for each of the females was filled out with elements considered important for their selection, such as: age; postpartum days; postpartum problems; treatment/ illness occurrence; vaccination/ deworming protocols.

Subsequently, a physical examination was performed on each female, assessing her general condition (level of consciousness, behavior, posture, movement), body condition ( $BC \geq 4.5$ , ideal according to Silva (2011), on a scale of 1-9) and evaluation of the reproductive tract by transrectal palpation (detection of pathologies of the reproductive tract, uterine involution, pregnant females and mummified fetuses).

The cows selected for the study were subjected to a modified CO-Synch type ovulation induction protocol (Figure 1). This protocol consisted of the administration of 8.4  $\mu\text{g}$  of a GnRH analogue [buserelin acetate, Receptal<sup>®</sup>, MSD Animal Health (Intervet Portugal - Saúde Animal Lda), Portugal] and the introduction of an intravaginal device [1.38g of P4, CIDR<sup>®</sup>, Pfizer Saúde Animal (Intervet Portugal - Saúde Animal Lda), Portugal] on a random day of the female ovarian cycle (day 0), with removal of the intravaginal device and administration of 500  $\mu\text{g}$  of a PGF2 $\alpha$  analogue [Cloprostenol sodium, Estrumate<sup>®</sup>, MSD Animal Health (Intervet Portugal - Saúde Animal Lda), Portugal] and 500 IU eCG [Intergonan 6000 UI<sup>®</sup>, Animal Health (Intervet Portugal - Saúde Animal Lda), Portugal] after 7 days (day 7) and IA, associated with a new administration of 8.4g of the GnRH analogue, 48 hours later (day 9).

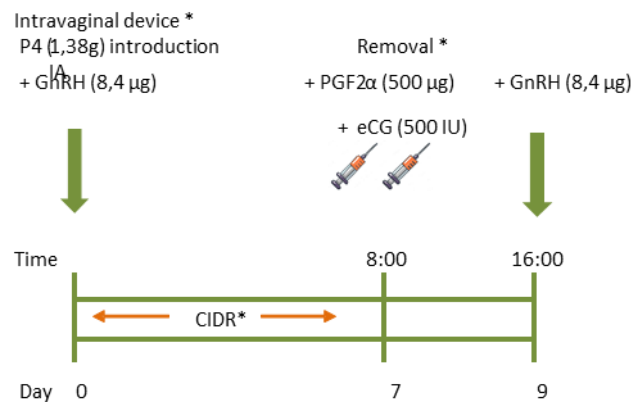


Figure 1 - Ovulation induction protocol, modify CO-Synch.

One of the greatest advantages of this type of protocols is that it is effective in cases of anestrus since it is capable of inducing cyclicity in cows or non-cyclical heifers.

AI was carried out with due hygienic care and respecting the welfare of the females to be inseminated. Not all animals were evaluated and registered by the work team. Some females were selected by the owners of the animals, so on the day of AI there was a need to reject animals due to the presence of an intravaginal device, animals closed in pens without available water, weak BC ( $\leq 3$ ), young females, and later for having a body inactive corpus lute (did not respond to the synchronization protocol). The pregnancy diagnosis was performed 40 days after TAI by ultrasound.

## 2. RESULTS AND DISCUSSION

The gestation rate (%G) for the total TAI was 55.5%, varying between 52.8% (n = 178) and 66.7% (n = 42) in the years 2018 and 2019, respectively. In cross (*Limousine* x cross and *Akaushi* x cross) the %G was 51.5% (n = 134) while in pure (*Limousine* x *Limousine* and *Alentejano* x *Alentejano*) it was 61.6% (n = 86) (Table 1).

Table1 - Results of the gestation rate according to the crossing, year and overall.

		n	Gestation rate (%)
Crossing	AkaushixCruzada	118	50,9
	AlentejanoxAlentejano	20	55
	LimousinexLimousine	66	63,6
	LimousinexCruzada	16	56,3
Purebred breeding		86	61,6
Crossed breeding		134	51,5
Year	2018	178	52,8
	2019	42	66,7
Overall		220	55,5

The values obtained and considering the variables involved (race, body condition and general management) can lead to thinking about a possible improvement in this average value, possibly due to better control of factors that can be changed and improved

in the farms. It should be noted that the %G in purebred herds is higher (61.6%), which may involve genetic differences and/or reasons related to the best general management in these herds. Also, the month of AI seems to influence the results of the TAI, with %G values of 85.7%, however the available data are still insufficient to confirm differences in this variable.

Diskin and Kenny (2014) state that food management is an important factor that affects reproduction in cows and that malnutrition has a great influence on reproductive performance, affecting age at puberty, the birth-gestation interval and the survival rate embryonic.

An adequate body condition allows the animals to recover their normal cyclicity after giving birth, bypassing the anestrus, short estrous cycles and the uterine involution process, so that they become pregnant each year (Moraes et al., 2014).

The results of the present study are similar to those obtained by Bó and Baruselli (2014), in a study carried out in Argentina with animals of the Angus breed (*Bos Taurus*), in which they compile data from 11 years of AI, obtaining a TG of 55.2%, using the same modified CO-Synch type ovulation induction protocol and the TAI technique.

The %G obtained by Raimundo (2014) was 57.5%, a value slightly higher than that obtained by us, but with the animals being carefully chosen, something that was not at all possible in our work, due to the choice of some females and the synchronization protocol performed on these females has not been assigned to the team, which reinforces the belief that the results can be improved.

The results obtained could be improved if the producers made available a breeding male to detect the return of estrus. Baruselli et al. (2018) in a published study refer to a %G of 63.5% when associating TAI + natural breeding and 46.3% when using only natural breeding. Thus, in the case of opting for this reproductive technique, in beef cattle, the use of a breeding male for natural breeding should be recommended, 15 days after TAI.

## CONCLUSIONS

The TAI is a useful tool that allows improving the productivity of a beef cattle and a genetic improvement of herds. However, it is necessary that some prerequisites are fulfilled: physical examination (including assessment of body condition), reproductive tract and general management, for the selection of females to be submitted to the protocol.

The use of this type of synchronization protocol allows the producer to anticipate the number of pregnant animals within the breeding season, to introduce tested performance animals to their holdings, without the need to detect heat, something difficult in beef cattle. The gestation rate obtained indicates the need for the presence of a breeding male for Natural Breeding, properly tested, for cases of return of estrus, avoiding that the interval between births is extended and that the productive management of the herd is jeopardized, improving that gestation rate.

## ACKNOWLEDGE

To the owners of the farms where the work was carried out.

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