

Aquatic Functional Assessment Scale for Babies

Appendix 1 - Aquatic Functional Assessment Scale For Babies - AFAS BABY© Scoring Sheet

Baby's name:

Assessment date:

Aquatic Motor Behaviors	Score	Observations
A1= Enters the pool	1 2 3 4 5	
A2= Puts the face in the water	1 2 3 4 5	
A3= Puts the face in the water and breathes	1 2 3 4 5	
A4= Dips the whole body into the water	1 2 3 4 5	
A5= Slides immerse in water	1 2 3 4 5	
A6= Floats supine position	1 2 3 4 5	
A7= Floats in prone position	1 2 3 4 5	
A8= Does frontal floating recovery	1 2 3 4 5	
D1= Floats in vertical position in water	1 2 3 4 5	
D2 = Changes from supine to prone position	1 2 3 4 5	
D3= Changes from prone to supine position (transverse rotation)	1 2 3 4 5	
D4 = Changes from supine to prone position (longitudinal rotation), in horizontal position to the right	1 2 3 4 5	
D5 = Changes from prone to supine position (longitudinal rotation), in horizontal position to the left	1 2 3 4 5	
D6 = Changes from prone to supine position (longitudinal rotation), in horizontal position to the right	1 2 3 4 5	
D7 = Changes from prone to supine position (longitudinal rotation), in horizontal position to the left	1 2 3 4 5	
D8 = Rotates the upper body (longitudinal rotation), in vertical position to the right	1 2 3 4 5	
D9 = Rotates the upper body (longitudinal rotation), in vertical position to the left	1 2 3 4 5	
D10= Does sagittal rotation in horizontal position to the right	1 2 3 4 5	
D11= Does sagittal rotation in horizontal position to the left	1 2 3 4 5	
D12= Does sagittal rotation in vertical position to the right	1 2 3 4 5	
D13= Does sagittal rotation in vertical position to the left	1 2 3 4 5	
D14 = Rolls freely in the water	1 2 3 4 5	
E1 = Controls the head	1 2 3 4 5	
E2 = Does tummy time	1 2 3 4 5	
E3 = Pivots in prone to the right	1 2 3 4 5	
E4 = Pivots in prone to the left	1 2 3 4 5	
E5 = Drags	1 2 3 4 5	
E6 = Goes from prone to sitting to the right	1 2 3 4 5	
E6 = Goes from prone to sitting to the left	1 2 3 4 5	
E8 = Sits	1 2 3 4 5	
E9 = Sits with frontal support	1 2 3 4 5	
E10 = Sits with right side support	1 2 3 4 5	
E11= Sits with left side support	1 2 3 4 5	
E12= Sits with back support	1 2 3 4 5	
E13 = Goes from sitting to 4 points support	1 2 3 4 5	
E14 = 4 points support	1 2 3 4 5	
E15 = Crawls	1 2 3 4 5	
E16 = Goes from sitting to standing	1 2 3 4 5	

Aquatic Motor Behaviors	Score	Observations
E17 = Stands up	1 2 3 4 5	
E18 = Goes from standing to sitting	1 2 3 4 5	
E19 = Walks	1 2 3 4 5	
E20 = Walks sideways to the right	1 2 3 4 5	
E21 = Walks sideways to the left	1 2 3 4 5	
E22 = Goes backwards	1 2 3 4 5	
E23 = Kneels	1 2 3 4 5	
E24 = Stays semi-kneeling with right lower limb	1 2 3 4 5	
E25 = Stays semi-kneeling with left lower limb	1 2 3 4 5	
E26 = Squats	1 2 3 4 5	
E27 = Steps up with right lower limb	1 2 3 4 5	
E28 = Climbs up steps with left lower limb	1 2 3 4 5	
E29 = Steps down with right lower limb	1 2 3 4 5	
E30 = Steps down with left lower limb	1 2 3 4 5	
E31 = Handles (unimanual) a small object on the surface of the water with the right upper limb	1 2 3 4 5	
E31 = Handles (unimanual) a small object on the surface of the water with the left upper limb	1 2 3 4 5	
E33 = Handles object in depth (unimanual) with right upper limb	1 2 3 4 5	
33 = Handles object in depth (unimanual) with left upper limb	1 2 3 4 5	
E35= Handles (bimanual) large object on water surface	1 2 3 4 5	
Cd1 = Runs	1 2 3 4 5	
Cd2 = Does strokes	1 2 3 4 5	
Cd3 = Does kicks	1 2 3 4 5	
Cd4 = Swims	1 2 3 4 5	

Total scoring by phases	
A: ____/40	D: ____/70
E: ____/175	Cd: ____/20
Total da AFAS Baby: ____/305	

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