Table 1.

*Socio-demographic and professional aspects considering the teachers’ gender*

|  |  |  |  |
| --- | --- | --- | --- |
| **Gender** | **Male (%)** | **Female (%)** | ***p*** |
| **State** |  |  | <0.01ª |
| Paraná | 37.8 | 31.6 |  |
| Santa Catarina | 15.4 | 12.8 |  |
| Rio Grande do Sul | 46.9 | 55.6 |  |
| **Multi-jobs** |  |  | <0.01ª |
| Do not have | 36.4 | 50.8 |  |
| Have | 63.6 | 49.2 |  |
| **Marital status** |  |  | <0.01ª |
| Married | 68.6 | 60.1 |  |
| Others | 31.4 | 39.9 |  |
| **Life cycles** |  |  | <0.01ª |
| Up to 29 years old | 17.4 | 15.2 |  |
| 30-39 years old | 30.3 | 37.5 |  |
| 40-49 years old | 35.6 | 39.0 |  |
| 50 years or older | 16.7 | 8.4 |  |
| **Education** |  |  | 0.66ª |
| College graduation | 37.8 | 36.7 |  |
| Post-graduation | 62.2 | 63.3 |  |
| **Professional development cycles** |  |  | 0.08ª |
| Admission (up to 4 teaching years) | 17.9 | 17.4 |  |
| Consolidation (5 to 9 teaching years) | 20.9 | 29.7 |  |
| Diversification (10 to 19 teaching years) | 28.4 | 33.9 |  |
| Stabilization (20 or more teaching years) | 32.8 | 28.9 |  |
| **Length of work time** |  |  | 0.03ª |
| Up to 3 years | 30.1 | 31.1 |  |
| 4-11 years | 32.6 | 32.2 |  |
| 12-19 years | 20.3 | 24.4 |  |
| 20 years or over | 16.9 | 12.3 |  |
| **Total working hours** |  |  | 0.15ª |
| Up to 40 weekly hours | 44.7 | 48.3 |  |
| 41 weekly hours or over | 55.3 | 51.7 |  |
| **Total** | 44.8 | 55.2 | <0.01ᵇ |

ª*p*-value estimated by the chi-square test

ᵇ *p*-value estimated by the chi-square test for single group

Table 2.

*Evaluation of job satisfaction considering gender*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Gender** | **Job satisfaction** | | | **Crude *p*** ª | **Adjusted *p*** ᵇ |
| **Not satisfied (%)** | **Unsure (%)** | **Satisfied (%)** |
| **Remuneration** | | | | 0.08 | 0.67 |
| Male | 51.0 | 32.8 | 16.3 |  |  |
| Female | 56.2 | 30.6 | 13.3 |  |  |
| Total | 54.0 | 31.5 | 14.5 |  |  |
| **Work conditions** | | | | <0.01 | 0.14 |
| Male | 25.4 | 31.4 | 43.3 |  |  |
| Female | 32.5 | 30.0 | 37.5 |  |  |
| Total | 29.6 | 30.6 | 39.9 |  |  |
| **Job autonomy** | | | | 0.02 | 0.09 |
| Male | 4.1 | 16.7 | 79.2 |  |  |
| Female | 4.1 | 22.5 | 73.4 |  |  |
| Total | 4.1 | 20.1 | 75.8 |  |  |
| **Opportunity for career advance** | | | | 0.26 | 0.84 |
| Male | 6.2 | 20.2 | 73.6 |  |  |
| Female | 7.5 | 22.5 | 70.0 |  |  |
| Total | 7.0 | 21.5 | 71.5 |  |  |
| **Social integration in the workplace** | | | | 0.29 | 0.78 |
| Male | 9.4 | 35.6 | 55.0 |  |  |
| Female | 11.5 | 36.5 | 52.0 |  |  |
| Total | 10.6 | 36.1 | 53.2 |  |  |
| **Labor laws and regulations** | | | | 0.78 | 0.41 |
| Male | 5.1 | 16.3 | 78.6 |  |  |
| Female | 5.8 | 17.0 | 77.3 |  |  |
| Total | 5.5 | 16.7 | 77.8 |  |  |
| **Work and total life space** | | | | <0.01 | 0.03 |
| Male | 19.4 | 28.3 | 52.3 |  |  |
| Female | 25.5 | 32.6 | 41.8 |  |  |
| Total | 23.0 | 30.9 | 46.2 |  |  |
| **Social relevance of work** | | | | 0.22 | 0.10 |
| Male | 3.1 | 16.3 | 80.6 |  |  |
| Female | 4.7 | 16.5 | 78.8 |  |  |
| Total | 4.1 | 16.4 | 79.6 |  |  |
| **Overall assessment of job satisfaction** | | | | 0.07 | 0.02 |
| Male | 7.0 | 24.4 | 68.6 |  |  |
| Female | 9.1 | 27.5 | 63.4 |  |  |
| Total | 8.2 | 26.2 | 65.6 |  |  |

ª *p*-value estimated by the likelihood ratio test.

ᵇ *p*-value estimated by the likelihood ratio test adjusted for the following variables: state, multi-jobs, marital status, life cycles, length of time at the institution, professional development cycles, remuneration, work conditions, job autonomy, work and total life space, overall assessment of job satisfaction, dietary habits, relationships and stress control.

Table 3.

*Evaluation of lifestyle according to gender*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Gender** | **Lifestyle** | | | **Crude *p*** ª | **Adjusted *p*** ᵇ |
| **Negative(%)** | **Intermediate(%)** | **Positive(%)** |
| **Dietary habits** | | | | <0.01 | <0.01 |
| Male | 35.5 | 32.6 | 32.0 |  |  |
| Female | 25.3 | 31.8 | 42.8 |  |  |
| Total | 29.5 | 32.1 | 38.4 |  |  |
| **Physical activity** | |  |  | 0.13 | 0.06 |
| Male | 20.1 | 20.2 | 59.7 |  |  |
| Female | 18.5 | 24.4 | 57.1 |  |  |
| Total | 19.2 | 22.7 | 58.2 |  |  |
| **Preventive behavior** | | | | 0.96 | 0.93 |
| Male | 7.6 | 12.3 | 80.1 |  |  |
| Female | 7.3 | 12.0 | 80.6 |  |  |
| Total | 7.4 | 12.2 | 80.4 |  |  |
| **Relationships** | |  |  | <0.01 | <0.01 |
| Male | 4.3 | 11.1 | 84.6 |  |  |
| Female | 6.5 | 17.6 | 75.9 |  |  |
| Total | 5.6 | 14.9 | 79.5 |  |  |
| **Stress control** | |  |  | <0.01 | <0.01 |
| Male | 18.7 | 22.8 | 58.4 |  |  |
| Female | 22.8 | 30.3 | 47.0 |  |  |
| Total | 21.1 | 27.2 | 51.7 |  |  |
| **Overall assessment of lifestyle** | | | | 0.42 | 0.86 |
| Male | 5.6 | 28.7 | 65.7 |  |  |
| Female | 6.3 | 26.0 | 67.8 |  |  |
| Total | 6.0 | 27.1 | 66.9 |  |  |

ª *p*-value estimated by the likelihood ratio test.

ᵇ *p*-value estimated by the likelihood ratio test adjusted for the following variables: state, multi-jobs, marital status, life cycles, length of time at the institution, professional development cycles, remuneration, work conditions, job autonomy, work and total life space, overall assessment of job satisfaction, dietary habits, relationships and stress control.